



## HOOFING IT FOR HEALTH

Staff members of Geisinger Health Plan walk throughout the parking lots along Woodbine Lane on Wednesday morning for National Start Walking Day. The program is sponsored by the American Heart Association. Hundreds of the employees took part in the mile-long walk throughout the day.

Press Enterprise/Keith Haupt

# Feds expect farmers to plant less corn

WASHINGTON (AP) — From chicken nuggets to corn flakes, food prices at grocery stores and dinner tables could be headed even higher as farmers cut back on the land they're planting in corn this spring.

Corn prices already are high, and a drop in supply should keep them rising. Combine that with the huge demand for corn-based ethanol fuel — and higher energy costs for transporting food — and consumers are likely to see their food bills going up and up.

Farmers are now expected to plant 86 million acres of corn this year, the Department of Agriculture predicted, down 8 percent from last year, which was the highest since World War II.

Corn is almost everywhere you look in the U.S. food supply. Poultry, beef and pork companies use it to feed their animals. High fructose corn syrup is used in soft drinks and many other foods, including lunch meats and salad dressings. Corn is often an ingredient in breads, peanut butter, oatmeal and potato chips.

Corn components are even used in many grocery store items that aren't edible — including disposable diapers and dry cell batteries.

When the corn that goes into those products goes up in price, increases eventually can be passed along to consumers.

And corn prices have skyrocketed in recent years, almost tripling since 2005. They have been pushed along by the burgeoning ethanol industry, which turns the crop into fuel, and by rising worldwide demand for food.

According to the Agriculture Department, corn planting is expected to remain at historically high levels but may dip this year because of the high expense of growing corn and favorable prices for other crops, such as soybeans.

# Confidentiality a must in therapy

By JANN BLACKSTONE-FORD and SHARYL JUPE  
McClatchy News Service

## EX ETIQUETTE

My bonus daughter is troubled and I'd like her to get counseling, but I've learned that a counselor isn't bound to tell the parents what was discussed. How, then, can parents help their child? What if the child lies to the counselor or omits information? The counselor has no idea what's really happening in the home. What should a good bonus parent do?

This advice is for all parents — not just bonus parents — who feel their child needs counseling. It's not that a counselor doesn't want to discuss the troubled youth with parents — he can't by law (he can lose his license) unless the child mentions hurting herself or the desire to hurt others. Confidentiality ensures an honest relationship between therapist and patient. Without it, many will not tell the truth, and if a counselor doesn't know the truth he can't help the patient.

If there is something that needs to be discussed with a parent — say the child has been complaining that Dad is always with his new girlfriend — a therapist seeing the child may suggest that Dad spend more one-on-one time with the child — but wouldn't

say, "Johnny told me your girlfriend is always around and he resents it." Knowing this, parents must listen carefully to what the therapist is saying to them after a session. He is offering clues to help your child without breaking the child's trust.

If there is a matter that the child needs to discuss with a parent, a therapist may ask the parent to sit in on a session so the child can tell the parent her true feelings. It's also a good idea for parents to ask to sit in if they want the counselor's help to discuss an important topic with their child.

Usually both divorced parents must give permission for their child to get counseling — and since this is your bonus child, you don't have much say. If you see that your bonus daughter needs help, call it to the attention of her parents. Sometimes one parent thinks the child needs counseling and the other does not, which can come about when a parent is afraid to be blamed for something or doesn't understand what counseling can really offer the child or fears it will be costly. Counseling is designed to help a child, not further alienate her. Most counselors work on a sliding scale — if they see a child needs an ear, they will help you.



## On road to the past

WNEP-TV's Mike Stevens speaks to 82 members of the Columbia County Historical and Genealogical Society during the organization's annual spring banquet and program at the Ridge Street United Methodist Church in Almedia on Saturday evening. New officers announced are William Baillie, president; Bill Harrell, vice president; Grace Jaskiewicz, secretary, and Hal Keller, treasurer.

PHOTO BY BILL HUGHES

# Licenses 'I've never seen that in my life'

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Block Party 2008 was more spread out than parties of previous years. After the main party on East Street was shut down at 6 p.m., people began to pack almost every porch on Lightstreet Road from Main Street to Penn Street.

Beginning around 10 p.m., police began going door to door, telling people they needed to take parties inside.

When police had trouble finding the residents of 341 Lightstreet Road, they yelled through a window.

"If you don't live here, get going," one officer called.

### Peer pressure

In Glose's case, he had cleared the porch at about 10:30 p.m., but several people showed up just before police returned. Glose hollered at

### SNIPPETS ON YOUTUBE

**BLOOMSBURG** — Video posted on the Internet after last year's Block Party made the few minutes of bottle throwing on Fetterman Avenue infamous.

As of Sunday night, only two clips of activity from this Block Party weekend had been posted.

- Surveillance footage of a man urinating in the gas tank of a car on Chestnut Avenue and bicycle police giving him chase.  
[http://www.youtube.com/watch?v=oU\\_6l3Wf-OQ](http://www.youtube.com/watch?v=oU_6l3Wf-OQ)
- A 15-second clip of police clearing out the party in a parking lot off of East Street.  
<http://www.youtube.com/watch?v=QlD5Z85ATqg>

the newcomers to get off the porch.

Ptln. Golla lent a hand, asking if the men wanted their friend to be arrested.

Eventually, the three young men left, one hefting a six-pack of beer.

Golla returned Glose's license.

### Downtown

As they were ushered off Lightstreet Road, clusters of people flowed down Lightstreet Road toward downtown,

where they gathered in front of Jo-Jo's Pizza and Hess' Tavern along Main Street. By 11 p.m., more than 75 people had lined up in front of Hess'.

At the same time, small groups began heading back up Lightstreet Road, but the party houses remained largely clear except for small packs of people passing by.

There were scattered reports of fights and loud parties throughout the night, but police had no information on them Sunday.

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Press Enterprise/Keith Haupt

BLOOMSBURG UNIVERSITY STUDENT DAN MORGAN, 22, Pequannock, N.J., pulls a garbage can full of aluminum cans and bottles from inside his Lightstreet Road home Sunday morning after Saturday's Block Party.

# Rules 'Overall, I'm basically satisfied,' BU president says

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spring fling.

But he said he's not sure students would want to try for two. "Everybody certainly went out this weekend. I don't think there's much interest from students in getting everything torn up again."

And student government president Gregory Cechak said students enjoyed this Block Party.

"There seemed to be respect between the students and police," Cechak said. "Students saw (the police) every 15 or 20 minutes." But the meetings weren't contentious.

"They might drive by or walk by and ask how things were going, but it didn't seem like they were out to get anyone," Cechak said of police. In fact, some students even struck up conversations with them.

Bloomsburg University President David Soltz said he also saw cooperation between the police and students. "I think some of our students

may have been embarrassed by some of the behavior last year."

Cechak said he hoped to continue the cooperation by talking about how to improve Block Party 2009.

### What worked

This year, the town required students applying for large party permits to get their landlord's signature as part of the permit applications for more than 150 people.

Knorr said many landlords refused, leading to a larger number of smaller parties. Over the course of the day, crowds shifted between the largest party behind East Street and many smaller gatherings on Lightstreet Road, Third Street, Iron Street and other spots.

Police kept their eyes open to make sure no large groups formed that would be uncontrollable, he said.

"It seems like it worked," Knorr said.

On East Street, where a crowd of more than 500 gathered for much of the late

morning and afternoon, police worked throughout the day to keep the party from spreading. And they kept a close watch for out-of-control behavior.

When the bands stopped playing at 6 p.m., they had massed enough officers to clear the party quickly.

### What didn't work

Knorr said that he would like to talk with Greek Life about making harder-to-counterfeit wristbands for admission to the parties it sponsors.

"It seemed like a lot more people were able to order (look-alike) bracelets from the Internet. So a lot more people got in than were supposed to," Knorr said.

In addition, if the town and school think trying to mark off boundaries to the party zones is a good idea, they might also have to consider a switch from police tape to snow fencing.

In areas where the parties were heaviest, like East Street, the police tape was

quickly ripped down.

Soltz said he was surprised more sturdy barriers hadn't been put up.

Knorr said he'd also like to look at where the town should locate food vendors at future parties if it decides to try them again.

On Saturday, the town-sanctioned vendors were all located on Lightstreet Road, despite large parties elsewhere.

### 'Satisfied' overall

But overall, Knorr, Soltz and Cechak said things worked out about as well as could be expected.

"We knew there was going to be a lot of drunkenness and a lot of people, and tried to handle it the best we could," Knorr said. "I have mostly positive reflections."

Soltz said "Overall, I'm basically satisfied." Although the president noted that Block Party "is definitely not the kind of image you want for your university."

Cechak called Saturday's party "a best-case scenario."

## For some, cleanup starts early

BLOOMSBURG — Some Block Party revelers got a head start on cleanup up Saturday night.

As police cleared out gatherings along Lightstreet Road, Don Mayock, 23, rallied his roommates and guests to tidy the porch at their house, 383½ Lightstreet Road.

He, 2006 graduate Scott Hemmons, 25, and others tossed cans and bottles into a kiddie pool, then hauled loads to nearby recycling bins.

By enlisting his guests, Mayock, a senior from Bethlehem, figured the cleanup would take less than 30 minutes.

"Not a whole lot negative happened, and students stepped up and took responsibility to party safe," Cechak said.

No statistics were available from Town Police on Sunday about the number of cita-

tions given out this weekend.

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